

# QST Certified Trainer Course - Spring 2026

## March 26, 2026 – September 26, 2026

Times are in Pacific Time Zone (PT)

### Orientation

A pre-recorded orientation will be available through Canvas April 1-4.

### Education Course

The theory and movements of QST

*Plan to spend 10-15 hours per week on coursework*

- **Ed Week 1:** Apr 5-11 — live online class — **Wednesday, Apr 8 at 7:30am-9:30am PT**
- **Ed Week 2:** Apr 12-18 — live online class — **Wednesday, Apr 15 at 7:30am-9:30am PT**
- **Ed Week 3:** Apr 19-25 — live online class — **Wednesday, Apr 22 at 7:30am-9:30am PT**
- **TBD:** Individual live video practical exam scheduled with supervisor for **Apr 24, 25, or 26**
- **Ed Week 4:** Apr 26-May 2 — live online class — **Wednesday, Apr 29 at 7:30am-9:30am PT**
- **Ed Week 5:** May 3-9 — no live class — preparation for providing QST to child and family

### Clinical Supervision Course

Supervised training when working with one family

*Plan to spend 4-5 hours a week on coursework and QST sessions*

- **Sup Week 1:** May 10-16 — pre-therapy sessions
  - Family Training and goal development (2 sessions)
- **Sup Weeks 2-6:** May 17–Jun 20 — the 1st Series
  - Trainee meets with family for 10 sessions (twice each week, on non-consecutive days).
  - Flexibility may be possible to accommodate supervisor, trainee, or family schedules.
  - Includes one live supervision session (virtual) and one videotaped session (to be scheduled with the supervisor).
- **Sup Week 7:** **Thursday, Jun 25 at 7:30am-9:30am PT** — live online conference
  - Case presentations
- **Sup Weeks 7-10:** Jun 21–Jul 18 — flexible therapy schedule
  - Makeups, extra therapy sessions, or a break - as needed
- **Sup Weeks 11-15:** Jul 19–Aug 22 — the 2nd series
  - Trainee meets with family for 10 sessions (two sessions each week, on non-consecutive days).
  - Flexibility may be possible to accommodate supervisor, trainee, or family schedules.
  - Includes one live supervision session (virtual) and one videotaped session (to be scheduled with the supervisor).
- **Sup Weeks 16-17:** Aug 23–Sep 5 — flexible therapy schedule
  - Makeups, extra therapy sessions, or a break - as needed
- **Sup Weeks 18-19:** Sep 6-19 - post-therapy sessions with the family
  - Post-testing and exit Interview (typically one session per week)
- **Sup Week 20:** Sep 20-26 — live online conference
  - QST-CT's end-of-course tasks
  - **Thursday, Sep 24, 7:30am-9:30am PT** — final case presentations, graduation, celebration!

### Course Ends September 26, 2026

*\*Weeks are Sunday to Saturday*

*\*Attendance in the orientation and all live classes/conferences is mandatory*