

# QST Certified Trainer Course - **Fall 2026**

September 27, 2026- March 20, 2027

\* **Times are in Pacific Time Zone (PT)**

\* **Weeks are Sunday to Saturday**

\* **Attendance in the orientation and all live classes/conferences is mandatory**

**Orientation:** Thursday, September 17, 2026, 3pm-5pm PT

## **QST-CT Education Course (the theory and movements of QST):**

- Ed Week 1 - Sept. 27-Oct. 3, 2026; **Live online class, Thursday, Oct. 1, 3pm-5pm PT**
- Ed Week 2 - Oct. 4-10, 2026; **Live online class, Thursday, Oct. 8, 3pm-5pm PT**
- Ed Week 3 - Oct. 11-17, 2026; **Live online class, Thursday, Oct. 15, 3pm-5:30pm PT (2.5 h)**  
**Individual live video practical exam to be scheduled with supervisor to Oct. 16, 17, or 18**
- Ed Week 4 - Oct. 18-24, 2026; **Live online class, Thursday, Oct. 22, 3pm-5pm PT**
- Ed Week 5 - Oct. 25-31, 2026: Getting ready to provide QST to the child and family (**no live class**)

\*\*\*Please plan to spend 10-15 hours per week on coursework (Ed weeks 1-4)

## **QST-CT Clinical Supervision Course (supervised training with one family):**

- **Sup Week 1 (Prep Week: Pre-Therapy sessions) - Nov. 1-7, 2026**
  - Family training and goal development (2 sessions)
- **Sup Weeks 2-6 - Nov. 8 - Dec. 12, 2026 - The 1st Series**
  - Therapist meets with family for 10 QST therapy sessions (two sessions each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
  - Includes one virtual live supervision session and one videotaped session (to be scheduled with supervisor).
- **Thursday, December 17, 2026, 3:00-5:30 pm PST (Sup wk 7) - Live online conference (case presentations)**
- **Sup Weeks 7-10 - December 13, 2026 - January 9, 2027**
  - Flexible therapy schedule (makeups, extra sessions, or a break - as appropriate)
- **Sup Weeks 11-15 - Jan. 10 - Feb. 13, 2027 - The 2nd Series**
  - Therapist meets with family for 10 QST therapy sessions (two sessions each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
  - Includes one online live supervision session and one videotaped session (to be scheduled with supervisor).
- **Sup Weeks 16-17 - Feb. 14-27, 2027**
  - Flexible therapy schedule (makeups, extra sessions, or a break - as appropriate)
- **Sup Weeks 18-19 - Feb. 28 - March 13, 2027 - Post-therapy sessions with the family**
  - Post-testing and Exit Interview (typically one session per week)
- **Sup Week 20 - March 14-20, 2027 - QST-CT's end-of-course tasks and case presentations**
- **Thursday, March 18, 2027, 3:00-5:30 pm PST - Live online conference:**  
**Final case presentations, graduation, celebration!**

\*\*\*Please plan to spend an average of 4-5 hours a week on coursework, including the QST sessions with the family

**Course Ends March 20, 2027**