

## **QST Certified Trainer Course - Spring 2026**

**March 26, 2026 – September 26, 2026**

Times are in Pacific Time Zone (PT)

**\*Weeks are Sunday to Saturday**

**\*Attendance in the orientation and all live classes/conferences is mandatory**

**Orientation:** Thursday, March 26, 2026, 3pm-5pm PT

### **Education Course (the theory and movements of QST):**

- Ed Week 1 – April 5-11, 2026; Live online class, Thursday, April 9, 3pm-5pm PT
- Ed Week 2 – April 12-18, 2026; Live online class, Thursday, April 16, 3pm-5pm PT
- Ed Week 3 – April 19-25, 2026; Live online class, Thursday, April 23, 3pm-**5:30pm PT (2.5h)**  
Individual live video practical exam to be scheduled with supervising Master Trainer to April 24, 25, or 26
- Ed Week 4 – April 26-May 2, 2026; Live online class, Thursday, April 30, 3pm-5pm PT
- Ed Week 5 – May 3-9, 2026: Getting ready to provide QST to the child and family (no live class)

**\*\*\*Please plan to spend 10-15 hours per week on coursework (Ed weeks 1-4)**

### **Clinical Supervision Course (supervised training when working with one family):**

- **Sup Week 1: Pre-Treatment sessions – May 10-16, 2026**
  - Family Training and goal development (2 sessions)
- **Sup Weeks 2-6: May 17 – June 20, 2026: The 1st Series**
  - Trainee meets with family for 10 sessions (twice each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, trainee, or family schedules.
  - Includes one live supervision session (virtual) and one videotaped session (to be scheduled with the Supervisor).
- **Thursday, June 25, 2026, 3:00-5:30 pm PT (Sup wk 7) - Live Online Conference (case presentations)**
- **Sup Weeks 7-10: June 21, 2026 – July 18, 2026**
  - Flexible therapy schedule (makeups, extra therapy sessions, or a break - as needed)
- **Sup Weeks 11-15: July 19 – August 22, 2026: The 2nd Series**
  - Trainee meets with family for 10 sessions (two sessions each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, trainee, or family schedules.
  - Includes one live supervision session (virtual) and one videotaped session (to be scheduled with the Supervisor).
- **Sup Weeks 16-17: August 23 – September 5, 2026**
  - Flexible therapy schedule (makeups, extra therapy sessions, or a break - as needed)
- **Sup Weeks 18-19: September 6 - 19, 2026 - Post-Therapy sessions with the family**
  - Post-testing and Exit Interview (typically one session per week)
- **Sup Week 20: September 20 - 26, 2026 - QST-CT's End-of-Course tasks and Case Presentations**

**Thursday, September 24, 2026, 3:00-5:30 pm PT - Live Online Conference:**

**Final case presentations, graduation, celebration!**

**\*\*\*Please plan to spend 4-5 hours a week on coursework (on average, including QST sessions)**

**Course Ends September 26, 2026**