

QST Certified Trainer Course - Fall 2025

September 29, 2025- March 22, 2026

Times are in Pacific Time Zone (PT)

*Weeks are Sunday to Saturday

*Attendance in the orientation and all live classes/conferences is mandatory

Orientation: Thursday, September 18, 2025, 3pm-5pm PT

Education Course (the theory and movements of QST):

- Ed Week 1 - Sept. 28-Oct. 4, 2025; Live online class, Thursday, Oct. 2, 3pm-5pm PT
 - Ed Week 2 - Oct. 5-11, 2025; Live online class, Thursday, Oct. 9, 3pm-5pm PT
 - Ed Week 3 - Oct. 12-18, 2025; Live online class, Thursday, Oct. 16, 3pm-5:30pm PT (2.5 h)
Individual live video practical exam to be scheduled with supervising Master Trainer to Oct. 17, 18, or 19
 - Ed Week 4 - Oct. 19-25, 2025; Live online class, Thursday, Oct. 23, 3pm-5pm PT
 - Ed Week 5 - Oct. 26-Nov. 1, 2025: Getting ready to provide QST to the child and family (no live class)
- ***Plan to spend 10-15 hours per week on coursework (Ed weeks 1-4)

Clinical Supervision Course (supervised training while working with one family):

- **Sup Week 1 (Prep Week: Pre-Therapy sessions) - Nov. 2-8, 2025**
 - Family training and goal development (2 sessions)
- **Sup Weeks 2-6 - Nov. 9 - Dec. 13, 2025 - The 1st Series**
 - Therapist meets with family for 10 QST therapy sessions (two sessions each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
 - Includes one online live supervision session and one videotaped session (to be scheduled with supervisor).
- **Thursday, December 18, 2025, 3:00-5:30 pm PST (Sup wk 7) - Live online conference (case presentations)**
- **Sup Weeks 7-10 - December 14, 2025 - January 10, 2026**
 - Flexible therapy schedule (makeups, extra sessions, or a break - as needed)
- **Sup Weeks 11-15 - Jan. 11 - Feb. 14, 2026 - The 2nd Series**
 - Therapist meets with family for 10 QST therapy sessions (two sessions each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
 - Includes one online live supervision session and one videotaped session (to be scheduled with supervisor).
- **Sup Weeks 16-17 - Feb. 15-28, 2026**
 - Flexible therapy schedule (makeups, extra sessions, or a break - as needed)
- **Sup Weeks 18-19 - March 1 - March 14, 2026 - Post-therapy sessions with the family**
 - Post-testing and Exit Interview (typically one session per week)
- **Sup Week 20 - March 15-21, 2026 - QST-CT's end-of-course tasks and case presentations**
- **Thursday, March 19, 2026, 3:00-5:30 pm PST - Live online conference:
Final case presentations, graduation, celebration!**

***Plan to spend an average of 5-6 hours a week on coursework, including the QST sessions with the family

The QST-CT Fall 2025 Course Ends March 21, 2026