

QST Certified Trainer Course - Fall 2024

September 29, 2024- March 22, 2025

Times are in Pacific Time Zone (PT)

*Weeks are Sunday to Saturday

*Attendance in the orientation and all live classes/conferences is mandatory

Orientation: Thursday, September 19, 2024, 3pm-5pm PT

Education Course (the theory and movements of QST):

- Ed Week 1 - Sept. 29-Oct. 5, 2024; Live online class, Thursday, Oct. 3, 3pm-5pm PT
- Ed Week 2 - Oct. 6-12, 2024; Live online class, Thursday, Oct. 10, 3pm-5pm PT
- Ed Week 3 - Oct. 13-19, 2024; Live online class, Thursday, Oct. 17, 3pm-**5:30**pm PT
Individual live video practical exam to be scheduled with supervising Master Trainer to Oct. 18, 19, or 20
- Ed Week 4 - Oct. 20-26, 2024; Live online class, Thursday, Oct. 24, 3pm-5pm PT
- Ed Week 5 - Oct. 27-Nov. 2, 2024: Getting ready to provide QST to the child and family (no live class)

Clinical Supervision Course (supervised training with one family):

- **Sup Prep Week - Pre-Treatment sessions - Nov. 3-9, 2024**
 - Family Training and goal development (2 sessions)
- **Sup Weeks 1-5 - Nov. 10 - Dec. 14, 2024 - The 1st Series**
 - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
 - Includes one virtual live supervision treatment and one videotaped treatment (to be scheduled with the supervising Master Trainer).
- **Thursday, December 19, 2024, 3:00-5:30 pm PST (Sup wk 6) - Live Online Conference (case presentations)**
- **Sup Weeks 6-9 - December 15, 2024 - January 11, 2025**
 - Flexible therapy schedule (makeups, extra treatments, or a break - as needed)
- **Sup Weeks 10-14 - Jan. 12 - Feb. 15, 2025 - The 2nd Series**
 - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
 - Includes one virtual live supervision treatment and one videotaped treatment (to be scheduled with the supervising Master Trainer).
- **Sup Weeks 15-16 - Feb. 16 - March 1, 2025**
 - Flexible therapy schedule (makeups, extra treatments, or a break - as needed)
- **Sup Weeks 17-18 - March 2 - March 15, 2025 - Post-treatment sessions with the family**
 - Post-testing and Exit Interviews (typically one session per week)
- **Sup Week 19 - March 16-22, 2025 - QST-CT's End-of-Course tasks and Case Presentations**
- **Thursday, March 20, 2025, 3:00-5:30 pm PST - Live Online Conference:**
 - **Final case presentations, graduation, celebration!**

Course Ends March 22, 2025