

QST Certified Trainer Course - Spring 2024

April 7, 2024- September 28, 2024
Times are in Pacific Time Zone (PT)

*Weeks are Sunday to Saturday

*Attendance in all live classes/conferences is mandatory

Orientation: Thursday, March 21, 2024, 3pm-5pm PT (tentative)

Education Course (the theory and movements of OST):

- Ed Week 1 - April 7-13, 2024; [Live online class, Thursday, April 11, 3pm-5pm PT](#)
- Ed Week 2 - April 14-20, 2024; [Live online class, Thursday, April 18, 3pm-5pm PT](#)
- Ed Week 3 - April 21-27, 2024; [Live online class, Thursday, April 25, 3pm-5:30pm PT](#)
[Individual live video practical exam to be scheduled with supervising Master Trainer](#)
- Ed Week 4 - April 28-May 4, 2024; [Live online class, Thursday, May 2, 3pm-5pm PT](#)
- Ed Week 5 - May 5-11, 2024: Getting ready to provide QST to the child and family (no live class)

Clinical Supervision Course (supervised training with one family):

- **Sup Prep Week - Pre-Treatment sessions - May 12-18, 2024**
 - Family Training and goal development (1-2 sessions)
- **Sup Weeks 1-5 - May 19 - June 22, 2024 - The 1st Series**
 - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
 - Includes one live supervision treatment and one videotaped treatment (to be scheduled with the supervising Master Trainer).
- **[Thursday, June 27, 2024, 3:00-5:30 pm PST \(Sup wk 6\) - Live Online Conference \(case presentations\)](#)**
- **Sup Weeks 6-9 - June 23, 2024 - July 20, 2024**
 - Flexible therapy schedule (makeups, extra Tx, or a break - as needed)
- **Sup Weeks 10-14 - July 21 - August 24, 2024 - The 2nd Series**
 - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
 - Includes one live supervision treatment and one videotaped treatment (to be scheduled with the supervising Master Trainer).
- **Sup Weeks 15-16 - August 25 - September 7, 2024**
 - Flexible therapy schedule (makeups, extra Tx, or a break - as needed)
- **Sup Weeks 17-18 - September 8 - September 21, 2024 - Post-treatment sessions with the family**
 - Post-testing and Exit Interviews (typically one session per week)
- **Sup Week 19 - September 22-28, 2024 - QST-CT's End-of-Course tasks and Case Presentations**
- **[Thursday, Sept. 26, 2024, 3:00-5:30 pm PST - Live Online Conference:](#)**
 - **[Final case presentations, graduation, celebration!](#)**

Course Ends September 28, 2024