

# **QST Certified Trainer Course - Winter 2023**

**November 26, 2023- May 25, 2024**

**Times are in Pacific Time Zone (PST)**

**Orientation:** Thursday, November 16, 2023, 3pm-5pm PT

## **Education Course:**

- Week 1 - Nov 26-Dec 2, 2023; [Live online class 11/30, 3pm-5pm PT](#)
- Week 2 – December 3-9, 2023; [Live online class 12/7, 3pm-5pm PT](#)
- Week 3 - December 10-16, 2023; [Live online class 12/14, 3pm-5:30pm PT](#)  
[Live online exam with supervising Master Trainer](#)
- Week 4 - December 17-23, 2023; [Live online class 12/21, 3pm-5pm PT](#)
- Week 5 - December 24-30, 2023: Education Course Wrap-Up as needed

## **Clinical Supervision:**

- **Clinic Prep Week - December 31 2023-January 6, 2024**
  - Family Training and goal development
- **The 1st Series-Weeks 1-5 - January 7- February 10, 2024**
  - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
  - One live supervision and one video supervision treatments with the family are to be scheduled with supervising Master Trainer.
- **Thursday, February 15, 2023, 3:00-5:30 pm PST - Live Online Conference (case presentations)**
- **FLEX SCHEDULE/BREAK-Weeks 6-9 – February 11 – March 9, 2024**
  - Flexible therapy schedule (makeups, extra Tx, or a break - as needed)
- **The 2nd Series-Weeks 10-14 – March 10-April 13, 2024**
  - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
  - One live supervision and one video supervision treatments with the family are to be scheduled with supervising Master Trainer.
- **Weeks 15-16 – April 14-27, 2024**
  - Flexible therapy schedule (makeups, extra Tx, or a break - as needed)
- **Weeks 17-18 – April 28-May 11, 2024 - Post-Treatment sessions with the family**
  - Post-testing and Exit Interviews
- **Week 19 – May 12-18 - QST-CT's End of Course tasks and Case Presentations**
- **Thursday, May 23, 2023, 3:00-5:30pm PST - Live Online Conference**
  - **Final case presentations, graduation, celebration!**

**Course Ends 5/25/24**