

# QST Certified Trainer Course - Fall 2023

September 24, 2023- March 16, 2024

Times are in Pacific Time Zone (PST)

- Weeks are Sunday to Saturday.

**Orientation:** Thursday, September 8, 2023, 3pm-5pm PT

## **Education Course (the theory and movements of QST):**

- Ed Week 1 - September 24-30, 2023; [Live online class Thursday September 28, 3pm-5pm PT](#)
- Ed Week 2 - October 1-7, 2023; [Live online class Thursday October 5, 3pm-5pm PT](#)
- Ed Week 3 - October 8-14, 2023; [Live online class Thursday October 12, 3pm-5:30pm PT](#)  
[Individual live video exam to be scheduled with supervising Master Trainer](#)
- Ed Week 4 - October 15-21, 2023; [Live online class Thursday October 19, 3pm-5pm PT](#)
- Ed Week 5 - October 22-28, 2023: Education Course Wrap-Up

## **Clinical Supervision Portion (supervised training with one family):**

- **Sup Week 1 - Pre-Treatment Week - October 29-November 4, 2023**
  - Family Training and goal development (1-2 sessions)
- **Sup Weeks 2-6 - November 5- December 9, 2023 - The 1st series -**
  - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
  - One live supervision and one video supervision treatments with the family are to be scheduled with supervising Master Trainer.
- **[Saturday, December 9, 2023, 10am-12:30pm PT - Live group conference \(case presentations\)](#)**
- **Sup Weeks 7-10 - December 10, 2023 - January 6, 2024**
  - Flexible therapy schedule (makeups, extra Tx, or a break - as needed)
- **Sup Weeks 11-15 - January 7-February 10, 2024 - The 2nd series**
  - Therapist meets with family for 10 treatments (two treatments each week, on non-consecutive days). Some flexibility may be possible to accommodate supervisor, therapist, or family schedules.
  - One live supervision and one video supervision treatments with the family are to be scheduled with supervising Master Trainer.
- **Sup Weeks 16-17 - February 11-24, 2024 -**
  - Flexible therapy schedule (makeups, extra Tx, or a break - as needed)
- **Sup Weeks 18-19 - February 25-March 9, 2024 - Post-Treatment sessions with the family**
  - Post-testing and Exit Interviews (typically one session per week)
- **Sup Week 20 - March 10-16, 2024 - QST-CT's End of Course tasks and preparing case presentations**

- **Saturday, March 16, 2023, 10am-12:30pm PT - Live group conference**
  - **Case presentations, graduation, celebration!**

**Course Ends 3/16/24**