



Qigong Sensory Training Institute

Good Job! Helping Families with Autism Qigong Massage Documentary

Discussion Guide

Notes to Facilitators

There is a tremendous and continuing rise in the numbers of families caring for children with autism.

This film is primarily about the journey of families with their children with autism. There are not many films about this journey, and not many tender images of families coping with autism. There is power in seeing these visual images and the emotional journey of the families. In particular, this film is a powerful tool for families of children with autism to process their own emotional journeys.

We recommend that this film be shown to groups of families and followed by group discussion. It is important to offer families a chance to process their feelings after seeing the film.

Group Discussion Questions

1. Was there a particular moment in the film which really resonated with you?
2. How is your child similar or different from the children in the film?
3. How is your experience similar or different from the parents experience in the film?
4. What feelings did this film evoke in you?
5. How has your child's autism shaped your relationships with your immediate family, extended family and neighbors?
6. Does the film make you feel more or less hopeful?